Wellness at No.61 61 High Street Stevenage, Hertfordshire SG1 3AQ

info@wellness61.co.uk

Telephone: 01438 893355 WhatsApp: 07432 218275

www.wellness61.co.uk

OPENING HOURS

SUNDAY

Closed

MONDAY

Closed

TUESDAY

10am-8pm (by appointment only)

WEDNESDAY

10am-8pm

THURSDAY

10am-8pm

FRIDAY

10am-5.30pm

SATURDAY

10am-4pm (by appointment only)

WELLNESS AT NO.61

MIND | BODY | SKIN

PRICE LIST

GROUP CLASSES & COURSES

| CLASS | PRICE |
|--------------------------|--------------|
| Sound Bath | £20.00 |
| Sound Bath & Journalling | £25.00 |
| Yoga | £15.00 |
| Baby Massage (5 week | £60.00 |
| course) | (per course) |
| Introduction to Yoga (6 | £70.00 |
| week course) | (per course) |
| Prenatal Yoga (6 week | £70.00 |
| course) | (per course) |

Visit www.wellness61.co.uk to view our class timetable and to make a booking

MIND & BODY

| TREATMENT | PRICE |
|------------------------|---------------|
| Wellbeing Consultation | Free |
| 1:1 Yoga | £40.00 |
| 1:1 Sound Healing | £60.00 |
| Acupuncture | £65.00 (from) |
| Reflexology | £65.00 |
| CBTi Sleep & Insomnia | £80.00 |
| CBT Stress & Anxiety | £70.00 |

"Combing medical practice with holistic therapies to help you reach optimum health and wellbeing"

SKIN

| IREAIMENI | PRICE |
|--------------------------|-----------|
| Skincare Plan | £30.00 |
| Skin Management (Monthly | £65.00 pe |
| Bespoke Treatments) | session |
| iS Clinical Fire & Ice | £80.00 |
| iS Clinical Prodigy Peel | £140.00 |
| Obagi Blue Peel Radiance | £80.00 |
| Facial Acupuncture | £95.00 |
| | |

MEDICAL AESTHETICS

| TREATMENT | PRICE |
|-----------------------------|--------------|
| Aesthetics Consultation | Free |
| Blemish Removal | £60.00 (from |
| Platelet Rich Plasma Facial | £150.00 |
| Skin Boosters | £140.00 |
| Wrinkle Reduction | £150 (from) |
| Dermal Fillers | £240 (from) |
| Dermal Filler Dissolving | £125 (from) |
| Gummy Smile/Lip Flip | £150 |
| Hyperhidrosis (Excessive | £300 |
| Sweating) | |

MEDICAL

| TREATMENT | PRICE |
|--------------------------|----------------|
| Private General Practice | £40.00 |
| Ear Syringe | £40.00 (from) |
| Mole Check | £40.00 (from) |
| Blood Tests | £55.00 (from) |
| Menopause Management | £105.00 (from) |
| Hair Loss (PRP therapy) | £155.00 |
| Weight Management | £200 (from) |
| Nutrition Plan | £264 (from) |
| Hyperhidrosis (Excessive | £300.00 |
| Sweatina) | |

ULTRASOUND

| TREATMENT | PRICE |
|----------------------------|--------|
| Early Pregnancy Scan | £70.00 |
| Gender Scan | £65.00 |
| Pregnancy Reassurance Scan | £60.00 |
| 4D Pregnancy Scan | £80.00 |
| Well Women Check | £80.00 |

You can now make appointments and class bookings through our website, via email, phone or WhatsApp